



## Top Ten Signs that Your Orchids Are Happy

by Sue Bottom, sbottom15@hotmail.com



Cattleya Secure in Pot

**1. You can pick up plant by the vegetation and the pot doesn't fall away.** Roots are the secret to an orchid grower's success. If you want beautiful flowers, you need a healthy plant and for a plant to be healthy, it must have a vigorous root system. The rule in nature is there is a 10 to 1 ratio of the roots to the shoots. When the roots have filled the pot, you can pick up the entire plant from the leaves and the plant does not wobble in the pot.

**2. The newest growth is larger than the prior growth.** A great indicator of a well growing plant is that the new leads and leaves are larger than or at least as large as the prior year's growths. Don't fret too much if the year after repotting the growths are a little smaller than the prior year, that is probably just a short term case of transplant shock. If that trend continues though, ask for a consult with one of your orchid club's members.



Cynodes Jumbo Puff



Phalaenopsis with Healthy Leaves

**3. Your orchid has thick, turgid leaves.** If your leaves look dehydrated, they probably are dehydrated and you'll have to follow the old tried and true advice, knock it out of the pot and look at the roots. If the roots are rotten, you'll have to repot and consider whether it was overwatering or late repotting that caused the problem. If the roots are still viable, you may have to increase your watering frequency and or the amount of water you pour through the pot when you water.

**4. Pseudobulbs and canes are plump.** The canes and pseudobulbs on your sympodial orchids like the leaves on your monopodial orchids function similarly to the hump on a camel. They should be full of water and energy reserves to get your orchid through the dry spells as well as to make sure your plant has enough energy in reserve to develop flowers. After all, most orchids aren't grown for their foliage.



Dendrobium Golden Aya



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Long Root Tips

**5. Plants in growth show long green (or red) root tips.** You know you are a real orchid addict when you are just as excited about a new root as you are a new flower bud. When a plant is in active growth, it throws off new roots and the faster it grows, the longer the root tip.

**6. Plants are flush with new growth, trying to jump out of the pot.**



Cattleya Out of the Pot

When your plant is growing well, it is throwing off new growths, more leaves on a phalaenopsis or vanda, more pseudobulbs on a cattleya, more canes on a dendrobium, etc. With each new growth, comes the potential for new blooms. Dendrobiums are the exception, many will bloom from older growths, but cattleyas will only bloom from new growth, and somehow they always seem to bloom best when they're a bulb or two out of the pot. A monthly application of seaweed or kelp which contains some plant hormones will encourage new growths on your plant.



Calanthe Baron Schroder

**7. You get multiple bloom spikes.** Your orchids expend a tremendous amount of energy to form flower buds and then to carry the flowers in the hopes one of their pollinators will drop in for a visit. The more energy they are able to generate and store, the more energy reserves are available when it is time for them to start flowering. A drop in night time temperature also helps many plants conserve their energy stores. Multiple bloom spikes are your reward for meeting the cultural needs of your plants.

**8. Your orchids don't complain about being hungry.** Orchids aren't like teenagers, they can't keep saying I'm hungry every couple of hours. Your orchids will grow fine with little fertilizer and many people proudly say they never fertilize their orchids. The real orchid food is light, but fertilizer contains the essential mineral building blocks for your plant. Get into a fertilizer routine. Use either water soluble or timed release fertilizer, whichever suits you better. Your orchids may not burp in appreciation, but you'll see an improvement in growth vigor.



Clowesetum Jumbo Circle 'Clair'  
AM/AOS



**St. Augustine Orchid Society**

[www.staugorchidsociety.org](http://www.staugorchidsociety.org)

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Leaves Unmarred by Damage

**9. No Vacancy” for disease and pests.** A vigorously growing plant is much more capable of withstanding problems. It is axiomatic that if you have found the sweet spot for your orchid, you also have found a location where there is enough air movement to keep your orchid happy which means you’ll have fewer fungal infections. While orchids don’t have an immune system similar to we humans, a healthy plant can mount a greater defense against disease and to some extent pests. You always

have to be vigilant looking for scale, mealybugs, mites and other opportunistic devils.

**10. All your friends want divisions.** The ultimate compliment is when friends come into your growing area and say I’d love a piece of that whenever you divide it. It means you’ve grown the plant to its maximum potential and gotten it to produce beautiful blooms. Do share your divisions with friends, it is one of the joys of gardening in general and growing orchids in particular. And who know, someday you may be asking for a piece of that plant back.



Cattleya Sue Bottom ‘St. Augustine’